



# Round table: Laryngopharyngeal reflux

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# Laryngopharyngeal reflux

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## Discussion Guide

Anyone who suffers from laryngopharyngeal reflux or (LPR) may want to talk to their doctor about the REZA BAND® UES Assist Device.

- The REZA BAND is a non-medication, non-surgical medical device designed to reduce symptoms of laryngopharyngeal reflux (LPR) by stopping regurgitation of stomach contents through the upper esophageal sphincter (UES). The device is worn while sleeping.
- By adding a small amount of pressure to the UES, the clinically-proven REZA BAND reduces challenging LPR symptoms such as chronic throat irritation and cough, hoarse voice, difficulty swallowing, and post nasal drip with few mild and short side effects.
- Patients who suffer from LPR symptoms due to acid reflux into the throat and lungs may now find relief with this novel new medical device.
- See the Instructions for Use for full prescribing, safety and effectiveness information at [www.rezaband.com/instructions](http://www.rezaband.com/instructions).

The questions below are based upon the Acid Reflux Symptom Index (RSI),<sup>1</sup> a commonly-used, validated questionnaire designed to document acid reflux disease symptoms and severity. A total score of more than 13 is considered a positive diagnosis of acid reflux in the throat and lungs.

# Laryngopharyngeal reflux

## ARE YOU AFFECTED BY THESE PROBLEMS?

If so, rate them from 0 (No problem) to 5 (Severe problem).

Hoarseness or a problem with your voice	0	1	2	3	4	5
Clearing your throat	0	1	2	3	4	5
Excess throat mucous or postnasal drip	0	1	2	3	4	5
Difficulty swallowing food, liquids, or pills	0	1	2	3	4	5
Coughing after eating or after lying down	0	1	2	3	4	5
Breathing difficulties	0	1	2	3	4	5
Troublesome or annoying cough	0	1	2	3	4	5
Sensations of something sticking in your throat or a lump in your throat	0	1	2	3	4	5
Heartburn, chest pain, indigestion, or stomach acid coming up	0	1	2	3	4	5

Total \_\_\_\_\_

**REZA BAND.**  
UES Assist Device

Manufactured for:  
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[www.somnatherapeutics.com](http://www.somnatherapeutics.com)  
[www.rezaband.com](http://www.rezaband.com)

SOMNA THERAPEUTICS

# Frames taken from high-speed video:



- ▶ Frames taken from a high-speed video set on recording 4000 pictures per second. The picture, at frame 1272 shows the appearance of mucus in the larynx, and shortly after (frame 1551) it is reduced. On frame 2116, the mucus has disappeared. The process took a total of 0.2 seconds.